

What is **Healthy Communities (HC)** at Welborn?

We know that health starts where we live, learn, work, pray, and play. We also recognize that healthy choices are not always accessible in those settings. Through our Healthy Communities initiatives, we seek a flourishing community where our neighbors have access to what they need, not only to survive but to thrive.

Healthy Communities Partnerships

Welborn partners with organizations that value collaboration, including community members, nonprofit organizations, schools, local government, and businesses who share a vision for a healthier community.

Current HC Partnership Priorities

Policy

Change strategies such as laws, ordinances, regulations, and institutional practices outside of the health care sector that are developed and adopted by governmental entities, agencies, organizations, and stakeholders to advance health at the population level.

Systems

Change strategies that transform processes and structures/rules that address root causes, shift thinking, require collaboration, and build capacity for long-term sustainability.

Environmental

Change strategies that modify or develop new opportunities within physical and social environments to support quality of place.

The **Change We Hope to See**

- Healthy choices are easier, safer, and more accessible for entire communities
- Measurable improvements in community-level data reflecting better health outcomes, decreased chronic disease rates, and overall well-being
- The default setting of our systems leads to good health
- Residents actively engage with their neighborhoods because their surroundings are safe and healthy

HC Resources

Use the QR code to visit the Healthy Communities Resources page at welbornfdn.org

